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Thursday, October 16, 2025

For Immediate Release...

## Fall Glow Walk Friday, November 14<sup>th</sup>

Berlin, MD - Join us for the Fall Glow Walk on Friday, November 14, 2025. The walk begins at Stephen Decatur Park and follows a scenic 4.5-mile route through downtown Berlin. Participants are encouraged to bring and wear glow-in-the-dark gear to light up the night — a limited supply of glow items will also be available at registration.

Enjoy an evening of health-focused fun! Representatives from the Worcester County Health Department and Atlantic General Health System will be on-site offering blood pressure checks, prediabetes screenings, health information, and free giveaways.

Admission is free. Register on Eventbrite by searching "Berlin Glow Walk" or contact Special Projects Administrator Kate Daub at kdaub@berlinmd.gov or 410-641-4002. Day-of registration opens at 5:00 p.m. at Stephen Decatur Park (130 Tripoli Street), and the walk begins promptly at 5:30 p.m.

This family-friendly event welcomes strollers and leashed dogs. All participants will receive a free raffle entry for a chance to win a Berlin Basket filled with local goodies.

Come get your glow on and enjoy an evening of community, fitness, and fun!

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